

term 1 Jan - March

WE CARE!



MONDAY

Exploring Queensland

FREE!

-Social and community participation by promoting social interaction and fostering a sense of belonging



TUESDAY

Live Music/ Dancing

FREE!

-Release stress and anxiety
-Promote discussion with peers over common interest



WEDNESDAY

Big Day Out

FREE!

-Social and community participation by promoting social interaction and fostering a sense of belonging



THURSDAY

Armchair Travel

FREE!

-Exploring countries & cultures
New experiences -cooking, arts and music from other cultures



FRIDAY

Lets Get Active

FREE!

-Try new things
-Promote discussion with peers over common interest
-Visit new places

