

Rank from 1 to
5 in order of
preference

term 2 April - June



Cooking Around The
World



Free

- Exploring new locations
- New experiences
- Learning about the world around us and cultural differences.



Bowling



Free

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



NRL Program



Free

- Hand-eye coordination
- Gross and fine motor skills
- Build confidence



Community Access



Free

- Social and community participation by promoting social interaction and fostering a sense of belonging



Flip Out/ Shine
Shed



Free

- Social and community participation
- Assessing the wider community



Gentlemen's Day



Free

- Build self confidence
- Increase hygiene skills
- Release stress and anxiety
- Build friendships



Ladies Day



Free

- Build self confidence
- Increase hygiene skills
- Release stress and anxiety
- Build friendships



Sports Day



Free

- Hand-eye coordination
- Gross and fine motor skills
- Build confidence



Travel Training



Free

- Money handling skills
- Independence
- Communication

*PLEASE BRING OPAL CARD



Club Lunch



Free

- Release stress and anxiety
- Promote discussion with peers over common interest

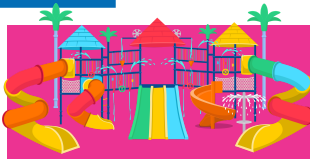
WE CARE!

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WEDNESDAY

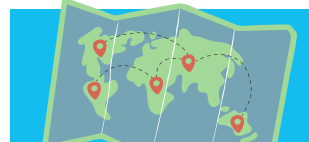


Swimming & Water
Parks



Free

- Release stress and anxiety
- Learn new life skills build confidence



Scavenger Hunt
Sydney



Free

- Release stress and anxiety
- Learn new life skills build confidence
- Visit new places



Disco & Karaoke



Free

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



Arts, Crafts & In
House Sensory



Free

- Hand-eye coordination
- Gross and fine motor skills
- Stimulates creativity



Numeracy and literacy
Program



Free

- Hand-eye coordination
- Basic skills
- Stimulates problem solving

THURSDAY



Work Experience



Free

- Meet new people
- Develop new skills
- Build confidence
- Help build new goals



Gym Program



Free

- Hand-eye coordination
- Gross and fine motor skills
- Build Confidence



Heroes With
Abilities
Cost \$10



- Hand-eye coordination
- Gross and fine motor skills
- Build Confidence



Arts, Crafts & In
House Sensory



Free

- Hand-eye coordination
- Gross and fine motor skills
- Stimulates creativity



Eloma Explorer



Free

- Social and community participation
- Discover new places
- Build confidence

WE CARE!

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Community Access

FRIDAY



Free

-Social and community participation by promoting social interaction and fostering a sense of belonging



Flip Out



Free

-Social and community participation
-Assessing the wider community



BBQ & Music Program



Free

-Build confidence
-Release stress and anxiety
-Help express feelings and emotions



Fishing & BBQ



Free

- Food handling skills
- Preparing meals
-Hand-eye coordination
-Gross and fine motor skills



Bowling



Free

-Gross and fine motor skills
-Problem solving
-Promote better coordination and flexibility

WE CARE!

Program Ideas For Next term

If there is an activity you would like to try next term please let us know

Please feel free to provide feedback

