

Rank from 1 to 3 in order of preference

# Term 2 April - June Queensland



**MONDAY**

Travel Training

**FREE!**

- Money handling skills
- Independence
- Communication

\*PLEASE BRING  
GO  
CARD



Exploring QLD

**FREE!**

- Social and community participation by promoting social interaction and fostering a sense of belonging



Lets Get Active

**FREE!**

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



**TUESDAY**

Movie Day

**FREE!**

- Release stress and anxiety
- Promote discussion with peers over common interest



Sailability/  
Live Music

**FREE!**

- Social and community participation by promoting social interaction and fostering a sense of belonging



Bowling

**FREE!**

- Gross and fine motor skills
- Problem solving
- Promote better coordination and flexibility
- Team building

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**WEDNESDAY**



Arts & Crafts

**FREE!**

- Hand-eye coordination
- Gross and fine motor skills
- Stimulates creativity
- Release stress



Big Day Out

**FREE!**

- Social and community participation by promoting social interaction and fostering a sense of belonging



Picnic

**FREE!**

- Social and community participation by promoting social interaction and fostering a sense of belonging



**THURSDAY**



Armchair Travel

**FREE!**

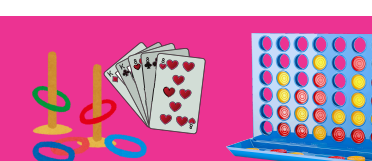
- Prepare simple cultural meals
- Hand-eye coordination
- Learn about other counties and cultures



Dancing

**FREE!**

- Increase aerobic fitness, muscle tone and strength
- Promote better coordination, agility and flexibility



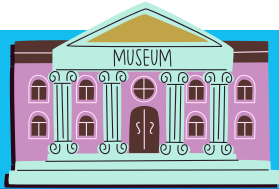
In House Games

**FREE!**

- Problem solving
- Promote better coordination
- Team building
- Number recognition

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**FRIDAY**



Community Access

**FREE!**



Lets Get Active

**FREE!**



Cooking

**FREE!**

-Social and community participation by promoting social interaction and fostering a sense of belonging

-Increase aerobic fitness, muscle tone and strength  
-Promote better coordination, agility and flexibility

-Build self confidence  
-Release stress and anxiety  
-Try new flavors and textures  
Learn new skills

## Program Ideas For Next term

If there is an activity you would like to try next term please let us know

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Please feel free to provide feedback

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