

Rank from 1 to
5 in order of
preference

term 3 july - september



Cooking Around The World



Free

- Exploring new locations
- New experiences
- Learning about the world around us and cultural differences.



Dance Class



Free

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



T-Ball



Free

- Hand-eye coordination
- Increase muscle tone
- Build confidence



Community Access



Free

- Social and community participation by promoting social interaction and fostering a sense of belonging



Flip Out/ Shine Shed



Free

- Social and community participation
- Assessing the wider community



Gentlemen's Day



Free

- Build self confidence
- Increase hygiene skills
- Release stress and anxiety
- Build friendships



Ladies Day



Free

- Build self confidence
- Increase hygiene skills
- Release stress and anxiety
- Build friendships



Indoor Soccer



Free

- Hand-eye coordination
- Improve heart health
- Build confidence



Travel Training



Free

- Money handling skills
 - Independence
 - Communication
- *****
*PLEASE BRING OPAL CARD



Arts & Crafts



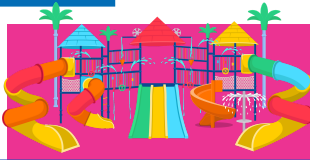
Free

- Hand-eye coordination
- Gross and fine motor skills
- Stimulates creativity

WE CARE!

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Swimming & Water
Parks

WEDNESDAY



Free

- Release stress and anxiety
- Learn new life skills build confidence



Heroes With
Abilities
Cost \$10



- Hand-eye coordination
- Gross and fine motor skills
- Build Confidence



Disco & Karaoke



Free

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



Bowling



Free

- Gross and fine motor skills
- Problem solving
- Promote better coordination and flexibility



Numeracy and literacy
Program



Free

- Hand-eye coordination
- Basic skills
- Stimulates problem solving



Work Experience

THURSDAY



Free

- Meet new people
- Develop new skills
- Build confidence
- Help build new goals



Gym Program



Free

- Hand-eye coordination
- Gross and fine motor skills
- Build Confidence



Club Lunch



Cost \$20-25 with
client choice

- Release stress and anxiety
- Promote discussion with peers over common interest



Arts, Crafts & In
House Sensory



Free

- Hand-eye coordination
- Gross and fine motor skills
- Stimulates creativity



Eloma Explorer



Free

- Social and community participation
- Discover new places
- Build confidence

WE CARE!

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Community Access

FRIDAY



Free

- Social and community participation by promoting social interaction and fostering a sense of belonging



Heroes with Abilities



Cost \$10

- Hand-eye coordination
- Gross and fine motor skills
- Build Confidence



BBQ & Music Program



Free

- Build confidence
- Release stress and anxiety
- Help express feelings and emotions



Fishing & BBQ



Free

- Food handling skills
- Preparing meals
- Hand-eye coordination
- Gross and fine motor skills



Bowling



Free

- Gross and fine motor skills
- Problem solving
- Promote better coordination and flexibility

WE CARE!

Program Ideas For Next term

If there is an activity you would like to try next term please let us know

Please feel free to provide feedback

